



# 6 I'S OF INTERRUPTING WHITE PRIVILEGE

## CHECKLIST

*This checklist is supported by 6 I's of Interrupting White Privilege **Article and Worksheet**. Both resources are designed to work together with the checklist to deepen your reflection and strengthen your action.. This and other resources can be accessed by contacting the author, Dr. Gilo Kwesi Logan at: [www.DrLoganSpeaks.com](http://www.DrLoganSpeaks.com).*

# Identity

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*Ratings: 1. You have done this and learned from it. 2. You have faced challenges to understanding or doing this. 3. You have not done this before. For responses rated 2 or 3, please refer to the 6 I's of Interrupting White Privilege WORKSHEET to guide your learning on these points.*

**The role your racial identity plays in the situation has been explored.**

1 2 3

**The impact of your intersecting identities has been factored (i.e., race, gender, ethnicity, etc.).**

1 2 3

**Your identity in relation to power, privilege, and oppression has been factored (i.e., targeted, or advantaged).**

1 2 3

**How you have been socialized by racial stereotypes, myths, bias, and prejudice has been examined.**

1 2 3

**How you have been socialized to respond to situations like this has been considered.**

1 2 3

**Aware of your experience with racism (as someone who is privileged or targeted) and how it has impacted your perception and judgement of the situation.**

1 2 3

# Integrity

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**The one core value of yours the situation infringes upon that you stand for and are willing to protect has been identified.**

1 2 3

**Any conflicting thoughts, feelings, or beliefs have been identified and confronted.**

1 2 3

**You have explored your willingness to be unpopular but right in what you do and identified the challenges that come with it.**

1 2 3

**In its simplest terms - regardless of any feelings of doubt, fear, anxiety, or confusion - what is the right thing to say and do in the situation?**

1 2 3

# Intention

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**Figuring out how you want to act you have considered who you are (identity) and what you believe is right (integrity).**

1                      2                      3

**What you intend to do and what are you want to accomplish is clear.**

1                      2                      3

**Potential outcomes of potential actions have been considered.**

1                      2                      3

**Intentions have been examined to determine they are based on positive outcomes and not negative ones (retaliation, harming or getting back at the perpetrator).**

1                      2                      3

# Intervention

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**Your capacity to act is being looked at realistically versus idealistically or emotionally.**

○ ——— ○ ——— ○  
1                      2                      3

**You have factored in racial (and other identity) dynamics in the situation.**

○ ——— ○ ——— ○  
1                      2                      3

**You have factored in your spheres of influence.**

○ ——— ○ ——— ○  
1                      2                      3

**Actions that lie within your comfort zone and outside of your comfort zone have been considered.**

○ ——— ○ ——— ○  
1                      2                      3

**Challenges and limitations to acting and opportunities to act have been identified and weighed.**

○ ——— ○ ——— ○  
1                      2                      3

**A plan of action has been decided upon.**

○ ——— ○ ——— ○  
1                      2                      3

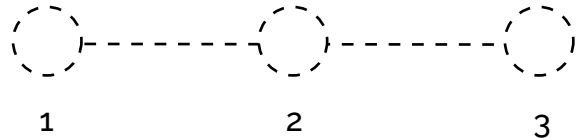
# Impact

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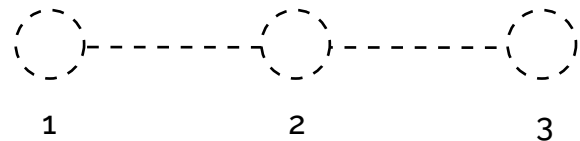
**Effect of your actions and any positive or negative outcomes have been examined.**

1 2 3



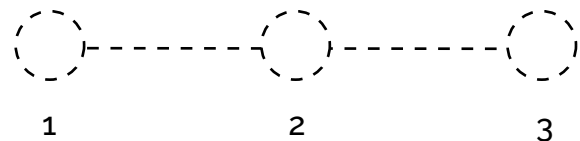
**Differences between your intended outcome and actual outcome have been examined, as has how to address any negative impact.**

1 2 3



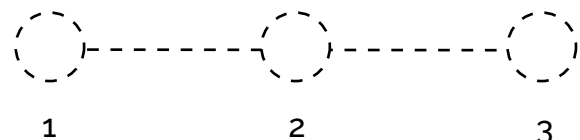
**Thoughts, words, or actions of yours that may have been inconsistent or not in agreement with your intentions or your integrity are identified.**

1 2 3



**Mistakes you made have been identified and owned, and you are willing and able to own hold yourself accountable to others.**

1 2 3



# Introspection

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*Ratings: 1. You have done this and learned from it. 2. You have faced challenges to understanding or doing this. 3. You have not done this before. For responses rated 2 or 3, please refer to the 6 I's of Interrupting White Privilege WORKSHEET to guide your learning on these points.*

**The overall impact of racism and White privilege on you in dealing with the situation has been explored.**

○ ——— ○ ——— ○  
1                      2                      3

**Your own mental and emotional processes before, during, and after the situation have been examined.**

○ ——— ○ ——— ○  
1                      2                      3

**Stereotypes, myths, bias, and prejudice (of yours and of others) that might have been at play, and their impact, have been examined.**

○ ——— ○ ——— ○  
1                      2                      3

**Meaning has been made of the role of your identity, your integrity, your intentions, your intervention, and your impact on the situation.**

○ ——— ○ ——— ○  
1                      2                      3

**Focus has been kept on you and what you have control over, not the situation, other people, or what is outside your control.**

○ ——— ○ ——— ○  
1                      2                      3

**You are clear or clearer on what worked and what did not work, and why.**

○ ——— ○ ——— ○  
1                      2                      3

**You have learned about yourself in meaningful ways.**

○ ——— ○ ——— ○  
1                      2                      3

# You did it!

Other thoughts?

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